

Seek Success, Not Approval: A Guide to Living a Life of Purpose and Fulfillment

In a world that is constantly seeking our validation, it can be difficult to stay true to ourselves and achieve our goals. We are bombarded with messages from social media, advertising, and even our friends and family that tell us what we should be doing, saying, and wearing. It can be tempting to conform to these expectations in order to gain approval, but it is important to remember that true success comes from within.



Seek Success, Not Approval: The Only Approval You Need is Yours (FT Press Delivers Elements)

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When we seek approval from others, we are giving up our power. We are allowing them to dictate our actions and decisions. This can lead to a life of regret, as we may end up doing things that we do not really want to do in order to please others.

Instead of seeking approval, we should focus on our own goals and values. We should strive to live a life that is true to ourselves and that makes us

happy. When we do this, we will find that we are more successful and fulfilled in all areas of our lives.

How to Seek Success, Not Approval

Here are a few tips on how to seek success, not approval:

- **Identify your goals and values.** What do you want to achieve in life? What is important to you? Once you know what you want, you can start to make decisions that will help you achieve your goals.
- **Be yourself.** Don't try to be someone you're not. People will be drawn to you when you are genuine.
- **Don't compare yourself to others.** Everyone is on their own journey. Focus on your own progress and don't worry about what others are doing.
- **Take risks.** Don't be afraid to step outside of your comfort zone. Trying new things will help you grow and learn.
- **Don't give up.** There will be times when you feel like giving up. But if you keep going, you will eventually achieve your goals.

Benefits of Seeking Success, Not Approval

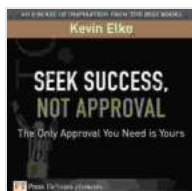
There are many benefits to seeking success, not approval. Some of these benefits include:

- **Increased self-confidence.** When you know that you are living a life that is true to yourself, you will feel more confident in your abilities.
- **Greater happiness.** When you are doing things that you love and that make you happy, you will be more fulfilled in life.

- **More success.** When you are focused on your own goals, you are more likely to achieve them.
- **Improved relationships.** When you are not seeking approval from others, you will be able to build stronger relationships with people who love and support you.

Seeking success, not approval, is a difficult but rewarding journey. It takes courage and self-belief to stay true to yourself and your goals. But if you are willing to put in the work, you will find that it is worth it. A life of purpose and fulfillment is waiting for you on the other side.

So what are you waiting for? Start today by taking one small step towards your goals. And remember, you don't need anyone's approval to be successful.



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