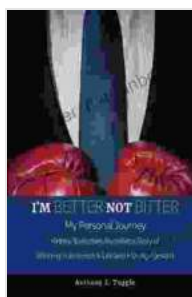


Better Not Bitter: Ben Stevens' Inspiring Journey from Loss to Triumph

Ben Stevens' story is one of triumph over adversity. After losing his beloved wife to cancer, he could have easily succumbed to despair. Instead, he chose to honor her memory by helping others. His organization, Better Not Bitter, provides support and resources to families facing cancer.



I'm BETTER not BITTER by Ben Stevens

★★★★☆ 4.7 out of 5

Language : English
File size : 4353 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 9 pages



Ben's wife, Erin, was diagnosed with breast cancer in 2010. She fought valiantly for two years, but the cancer eventually took her life in 2012. Ben was devastated by Erin's death, but he knew that he had to find a way to move on. He decided to start Better Not Bitter as a way to channel his grief into something positive.

Better Not Bitter provides a variety of services to families facing cancer, including:

- Financial assistance

- Emotional support
- Educational resources
- Community outreach

Ben's work with Better Not Bitter has helped countless families cope with the challenges of cancer. He has also become a sought-after speaker and author on the topics of grief and loss. His story is an inspiration to all who are facing adversity.

Ben Stevens' Journey to Better Not Bitter

Ben Stevens was born and raised in a small town in Ohio. He met his wife, Erin, in college, and they married in 2004. The couple had two young children when Erin was diagnosed with breast cancer in 2010.

Erin's diagnosis was a devastating blow to Ben and his family. They underwent two years of treatment, but the cancer eventually spread to her brain. Erin died in Ben's arms in 2012.

Ben was shattered by Erin's death. He couldn't believe that his wife was gone. He felt lost and alone. But Ben knew that he had to find a way to move on. He decided to start Better Not Bitter as a way to honor Erin's memory.

Better Not Bitter started out as a small support group for families facing cancer. But it quickly grew into a full-fledged organization that provides a variety of services to families in need. Ben's work with Better Not Bitter has helped countless families cope with the challenges of cancer. He has also become a sought-after speaker and author on the topics of grief and loss.

The Power of Hope

Ben Stevens' story is a powerful reminder that even in the darkest of times, there is always hope. After losing his wife to cancer, Ben could have easily given up on life. But he chose to channel his grief into something positive. He started Better Not Bitter to help other families facing cancer.

Ben's story is an inspiration to all who are facing adversity. It shows us that even in the most difficult of times, we can find hope and strength. We can choose to be better, not bitter.

How to Help Better Not Bitter

There are many ways to help Better Not Bitter continue to provide support to families facing cancer. You can:

- Make a donation
- Volunteer your time
- Spread the word about Better Not Bitter

Every little bit helps. Your support can make a real difference in the lives of families facing cancer.

Ben Stevens is an inspiration to all who are facing adversity. His story shows us that even in the darkest of times, there is always hope.

I'm BETTER not BITTER by Ben Stevens

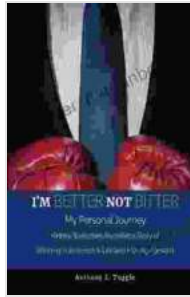
★ ★ ★ ★ ☆ 4.7 out of 5

Language : English

File size : 4353 KB

Text-to-Speech : Enabled

Screen Reader : Supported



Enhanced typesetting : Enabled

Print length : 9 pages

FREE

DOWNLOAD E-BOOK



Complete Guide to Using Yoga With Kids: Benefits, Tips, and Poses

Yoga is an ancient practice that has been shown to have many benefits for both adults and children. Yoga can help improve flexibility, strength, balance, and coordination. It...



How to Make \$000 Per Week on Craigslist

Are you looking for a way to make extra money or even replace your full-time income? If so, then Craigslist is a great place to start. Craigslist is a popular classifieds...